

# **Crispy Savory "Streusel" Crust**

By Erin Fletter

Prep Time 10 / Cook Time / Serves 4 - 6

#### **Fun-Da-Mentals Kitchen Skills**

**grate:** to reduce food, like a carrot, to very small shreds or pieces of the same size by rubbing it on a tool with an outside surface that has holes with cutting edges (a grater).

knife skills: Bear Claw (growl), Pinch, Plank, and Bridge (look out for trolls).

mince: to chop into teeny tiny pieces.

☐ Cutting board + kid-safe knife

mix: to thoroughly combine two or more ingredients until uniform in texture.

**sprinkle:** to scatter small drops or particles of an ingredient evenly or randomly over food.

## **Equipment**

☐ Grater

☐ Medium mixing bowl
☐ Dry measuring cups
☐ Measuring spoons
Ingredients
Crispy Savory "Streusel" Crust
$\square$ 1/2 C mixed raw veggies (broccoli, cauliflower, carrot, tomatoes, small sweet potato, etc.)
$\square$ 1/4 C Italian or panko breadcrumbs **(for GLUTEN ALLERGY sub gluten-free breadcrumbs)**
$\square$ 1/4 C all-purpose flour **(for GLUTEN ALLERGY sub gluten-free flour)**
□ 2 T buttor **/for DAIDY ALLEDGY sub plive oil)**

 $\square$  1 pinch salt

## **Food Allergen Substitutions**

Crispy Savory "Streusel" Crust

**Gluten/Wheat:** Substitute gluten-free flour for all-purpose flour and gluten-free breadcrumbs for panko breadcrumbs in Streusel Crust.

**Dairy:** Substitute olive oil for butter in Streusel Crust.

#### **Instructions**

Crispy Savory "Streusel" Crust

mince + mix + sprinkle

Mince or grate 1/2 cup mixed veggies In a mixing bowl, add minced veggies, 1/4 cup Italian breadcrumbs, 1/4 cup flour, 2 tablespoon butter, and 1 pinch of salt. Mix with hands until a crumbly texture forms. Sprinkle evenly over mac and cheese or other casserole just before baking.