



## Jalapeño Lemonade Slushies

By Dylan Sabuco

**Prep Time 5 / Cook Time / Serves 4 - 5**

### Fun-Da-Mentals Kitchen Skills

**blend:** to stir together two or more ingredients until just combined; blending is a gentler process than mixing.

**measure:** to calculate the specific amount of an ingredient required using a measuring tool (like measuring cups or spoons).

### Equipment

### Ingredients

Jalapeño Lemonade Slushies

- 3 lemons, juiced
- 1/2 C white sugar
- 1/2 jalapeño, chopped roughly (if concerned about safety, sub mild poblano pepper)
- 4 C cold water
- 3 to 4 C ice (optional)

### Food Allergen Substitutions

Jalapeño Lemonade Slushies

### Instructions

Jalapeño Lemonade Slushies

chop + measure + blend

Carefully, cut **1/2 jalapeño** in rough pieces. (Remove the seeds and white from the inside of the jalapeño to remove some spiciness.) Combine the chopped jalapeño, 1/2 cup sugar, 1/2 cup water, **and the juice of 3 lemons\*\*** in your blender (or pitcher + immersion blender) and blend until the jalapeño is completely blended. Then, pour in **3 1/2 cups of water** and blend once more.