



## Pineapple Orange Spritzers

By Erin Fletter

**Prep Time / Cook Time / Serves -**

### Equipment

- Blender (or pitcher + immersion blender)
- Liquid measuring spoon

### Ingredients

Pineapple Orange Spritzers

- 1 to 2 oranges
- 1 C pineapple juice
- 2 C sparkling water
- 2 C ice cubes

### Food Allergen Substitutions

Pineapple Orange Spritzers

### Instructions

Pineapple Orange Spritzers

peel + pour

Peel **1 to 2 oranges** and place in a blender or a pitcher (for use with an immersion blender). Pour in **1 cup of pineapple juice**.

blend + stir + enjoy!

Blend the oranges and pineapple juice until smooth. Pour **2 cups of sparkling water** over the top and

mix well with a spoon. Add **2 cups of ice**, serve, and enjoy!